

PRICE LIST

(Updated November 2018)

Physiotherapy

- **Initial assessment** £60
- **Follow up treatment (30mins)** £40

Physiotherapy is not just about relieving symptoms, but understanding why they occur in the first place. We provide the quality service that you deserve by getting you back to the things you love.



Physio Led Pilates

- **Free Initial assessment*** worth £60
- **1-2-1 Class** £60
- **2 Person Class** £30 per person
- **4 Person Class** £15 per person
- **6 Person Class** £10 per person

An assessment is required prior to your attendance to assess for injuries or areas of weakness and to introduce you to the basic principles of pilates.



*Free Initial assessment when booking your first pilates class.

Sports Massage

- **Sports Massage (1hr)** £50
- **Sports Massage (30mins)** £35

Physio led sports massage can be a useful tool to alleviate unwanted muscle tension, improve circulation and lymphatic drainage. You will need a full assessment to assess your suitability for sports massage.



HARRISON physio

To book simply visit www.harrisonphysio.co.uk